

# STERLING HOUSE & CLARE BRIDGE COTTAGE

location: Ithaca, NY

owner: Brookdale Senior Living



interior courtyard with arbor and raised planters for garden therapy

Sterling House and Clare Bridge Cottage provide assisted living, memory care, and independent living options for seniors.

Trowbridge & Wolf was responsible for the site design, including building siting to minimize visual impacts to and from the Cayuga Lake valley. Landscape site components include a walking trail around the campus, interior garden courtyards with planters for activities, and quiet seating areas. The landscaping was designed to create a residential atmosphere, while minimizing maintenance needs. Non-toxic plantings around Clare Bridge Cottage were specifically selected to ensure the safety of residents.



landscape plantings at the accessible dropoff entrance to the Sterling House